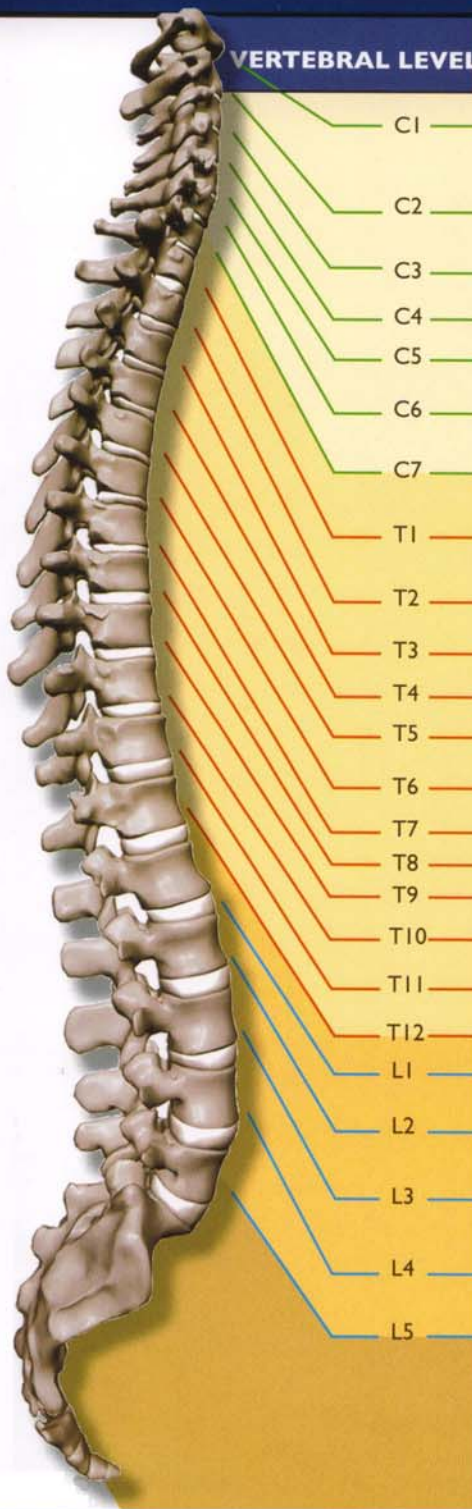


Spinal Nerve Function

Every Cell of Your Body Has a Nerve Component



VERTEBRAL LEVEL	NERVE ROOT*	INNERVATION	POSSIBLE SYMPTOMS
C1	C1	Intracranial Blood Vessels	Headaches • Migraine Headaches
C2	C2	• Eyes • Lacrimal Gland	• Dizziness • Sinus Problems
C3	C3	• Parotid Gland • Scalp	• Allergies • Head Colds • Fatigue
C4	C4	• Base of Skull • Neck	• Vision Problems • Runny Nose
C5	C5	Muscles • Diaphragm	• Sore Throat • Stiff Neck
C6	C6	• Neck Muscles • Shoulders	• Cough • Croup • Arm Pain
C7	C7	• Elbows • Arms • Wrists	• Hand and Finger Numbness
C8	C8	• Hands • Fingers • Esophagus • Heart • Lungs • Chest	or Tingling • Asthma • Heart Conditions • High Blood Pressure
T1	T1	Arms • Esophagus	Wrist, Hand and Finger
T2	T2	• Heart • Lungs • Chest	Numbness or Pain • Middle Back Pain • Congestion • Difficulty
T3	T3	• Larynx • Trachea	Breathing • Asthma • High Blood
T4	T4		Pressure • Heart Conditions
T5	T5	Gallbladder • Liver	• Bronchitis • Pneumonia
T6	T6	• Diaphragm • Stomach	• Gallbladder Conditions
T7	T7	• Pancreas • Spleen	• Jaundice • Liver Conditions
T8	T8	• Kidneys • Small Intestine	• Stomach Problems • Ulcers
T9	T9	• Appendix • Adrenals	• Gastritis • Kidney Problems
T10	T10	Small Intestines • Colon	
T11	T11	• Uterus	
T12	T12	Uterus • Colon • Buttocks	
L1	L1	Large Intestines	Constipation • Colitis • Diarrhea
L2	L2	• Buttocks • Groin	• Gas Pain • Irritable Bowel
L3	L3	• Reproductive Organs	• Bladder Problems • Menstrual
L4	L4	• Colon • Thighs • Knees	Problems • Low Back Pain
L5	L5	• Legs • Feet	• Pain or Numbness in Legs
SACRAL	SACRAL	Buttocks • Reproductive Organs • Bladder	Constipation • Diarrhea • Bladder Problems • Menstrual Problems
		• Prostate Gland • Legs	• Lower Back Pain • Pain or
		• Ankles • Feet • Toes	Numbness in Legs



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